

SPRING TENNIS AND PICKLEBALL SEASON 2024 AT CASCADES HOA

From **March 11th**
To **June 9th**

13 Weeks

No class on 3/31,
make up on 3/30

\$338

Residents

\$377

Non-residents

8u Competition Pathway

Fridays

4:15 - 5:15 pm

9-11 Competition Pathway

Fridays

5:15 - 6:15 pm

Sundays

11:00 am - 12:00 pm

12+ Competition Pathway

Fridays

6:15 - 7:15 pm

Junior Pickleball

Sundays

1 - 2 pm

Adult

Junior



Junior Lessons

High School Prep

Tuesdays

7:30pm - 8:30 pm

Tennis 8u

Wednesdays and/or Thursdays

4:15 - 5:15 pm

Sundays

10 - 11 am

Tennis 9-11 y.o.

Wednesdays and/or Thursdays

5:15 - 6:15 pm

Sundays

11am - 12 pm

Tennis 12+

Wednesday

6:15 - 7:15 pm

Sundays

12 - 1 pm

High School Match Play

Wednesdays

7:15 - 8:45 pm

Adult Lessons

Pickleball Beginner

Mondays

6:00-7:00 pm

Tuesdays

5:30 - 6:30 pm

Thursdays

6:30 - 7:30 pm

Pickleball Advanced Beginner / Intermediate

Tuesdays

6:30 - 7:30 pm

Thursdays

7:30 - 8:30 pm

Adult Cardio Tennis

Thursdays

6:15 - 7:15 pm

Learn to Play Tennis

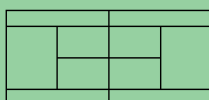
Thursdays

7:15 - 8:15 pm

**SIGN
UP!!!**



admin@tennis-dna.com



Stone House/Potomac Lakes Pool- 20670
Fernbank Ct, Sterling, VA 20165

Tennis and Pickleball Team Play Coming this Summer!

Would you like to be part of it?

Email admin@tennis-dna.com for more information!

Drop-in*

Residents **\$32**

Non-residents **\$35**

***Needs to be booked!**

